



KALASALINGAM
ACADEMY OF RESEARCH AND EDUCATION
(DEEMED TO BE UNIVERSITY)
Under sec. 3 of UGC Act 1956. Accredited by NAAC with "A++" Grade



THE - Impact Rankings 2025

3 GOOD HEALTH
AND WELL-BEING



Ensure healthy lives and promote well-being
for all at all ages

3.3.4 Free Sexual Health Care

Providing Free Sexual Health Care for Students at Kalasalingam Academy of Research and Education: A Commitment to Student Well-Being and Safety

Sexual health is a critical aspect of overall well-being, particularly for university students who are at an age where they may experience significant changes in their personal lives, relationships, and sexual health. **Kalasalingam Academy of Research and Education in association with Kalasalingam Medical College and Hospital** is dedicated to creating a safe, supportive, and informed campus environment for all students. By offering free sexual health care services, the university can ensure that students receive the necessary support to make informed decisions about their sexual health and overall well-being.

Objectives:

Raise awareness about sexual health, contraception, consent, and sexually transmitted infections (STIs) through educational programs and workshops.

Empower students with accurate information to help them make informed choices about their sexual health, relationships, and personal safety.

Provide free consultations, preventive care, and treatment services for sexual health concerns, including reproductive health, STIs, and mental health related to sexuality.



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Programs organized by Women Empowerment Cell (WEC)

The Women Empowerment Cell and ICC will conduct regular programmes regarding gender equality.

<https://kalasalingam.ac.in/women-empowerment-cell/>

https://drive.google.com/drive/folders/1iGV--HOCIFVKI5n5NkPHHIAEqVI32e-Q?usp=drive_link

Women Empowerment Cell (WEC): Policy on Gender Equality

https://drive.google.com/file/d/1WH9kMPnVfrxaIFZVPK83mqw_GA-JQn4I/view?usp=drive_link

Measures initiated by the University for the promotion of gender equity during the last three years

- **2021-2022**
 - Awareness programme on Vishakha guidelines and sexual harassment at workspace Act on 17.08.2021.
 - Guest lecture on "Gender Equity-on-Going Challenges in India" on 18.10.2021.
 - National Girl Child Day on 24.01.2022
 - Celebrated Lilavathi Awards'22 function on 31.01.2022.
 - Expert talk on "A Women with Voice" on 24.01.2022.
 - Awareness Programme on "The use of organic sanitary napkin" on 12.02.2022.
 - Celebrated "International Womens Day" on 05.03.2022.

- **2022-2023**
 - Seminar on "Gender Equality and Women Empowerment" on 09.09.2022.
 - Poster Competition for Girls on 21.12.2022.
 - Eminent speech on "Win To Be SHE = HE" on 30.12.2022
 - Seminar on "Laws and policies for Women and Adolescent health" on 21.01.2023.
 - National Girl Child Day awareness talk on "Break the Bias" on 24.01.2023
 - Seminar programme on "Power of Self-Motivation for Women Empowerment" on 22.02.2023.
 - Celebrated "International Women's Day on 08.03.2023.



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- **2023-2024**
 - Raising seminar on “Roll of Education to attain Gender-Equality” on 12.09.2023.
 - Organized “Cyber Awareness day” on 30.09.2023.
 - Training Programme on “Forms of Gender Discrimination in a Contemporary Society” on 06.01.2024
 - Seminar on “Sexuality and LGBTQ+” on 28.01.2024.
 - Anti-Cancer Awareness Rally on 03.02.2024.
 - Celebrated “International Women’s day on 08.03.2024.

- Separate Female Counsellor for Hostel Girls.
- <https://kalasalingam.ac.in/internal-complaints-committee/> - Internal Compliance Committee against Sexual Harassment.
- <https://kalasalingam.ac.in/anti-ragging-committee/> - Social security through Anti-Ragging Committee
- Safety and security for female students through 482 Surveillance cameras around the campus.
- Well-trained and vigilant women Warden and Assistant Wardens appointed to the Girls Hostel in the campus.
- Separate common room for female in every block
- Day care center inside the campus